



**LONG DISTANCE RUNNING COMMITTEE
CLUB CONFERENCE CALL
Minutes
February 7, 2011**

Attendees:

Robin Jefferies - LDR Committee Chair
Diane and Ted Hardies - Pineland Striders
Ed Maher - South Jersey
Jerry Nolan – LDR Committee
Chuck Shields -Great Phila TC
Mary Matthews - Downingtown
Kyle & Gina Lanier - TNT
Peter Bittinger -BMRC
Mike Latch - TNT
Jim Martin - Moorestown
Dave McCorquodale - Pike Creek
Ross Martinson - Broad Street Elite Coordinator & Philadelphia Runner

Robin Jefferis opened the telephone conference call at 7:00 pm.

2011 Grand Prix Series- Ed Maher

- Members who renewed or joined by Jan. 27th should be receiving their packet with a Grand Prix brochure & coupons
- There are 11 races over 9 venues. Same as last year except Adrenaline & Caesar Rodney are 8 days apart. Adrenaline is March 19th & Caesar Rodney March 27th
- The Association has removed the Nov. 1 Membership Rule, requiring members to join USATF prior to Nov. 1 to be scored for the Grand Prix.
- Registration needs to be done prior to the start of a race
- When registering for races, please use the same name and address that is featured in your USATF membership data. For example: Charles/Chuck, Tom/Thomas
- When registering for USATF, not that there are multiple boxes to check for designating interest - T&F, High Performance, LDR, Off-Road, XC, Have club members check the primary discipline they will be doing so that the membership fee goes to the appropriate discipline

2011 Off Road Series- Ted & Diane Hardies

- The 2011 Off-Road brochure is posted on the LDR website
- Committee is looking into adding the Evansburg Challenge 10 miler in Collegeville. We recognize there is a conflict the Radnor Run, Oct. 30th
- The LDR committee prefers to not offer two events on the same day
- Four of the clubs have renewed their 2011 Club Memberships
- Clubs must be a 2011 member prior to the start of the Ugly Mudder to be eligible for club scoring
- Mid-Atlantic welcomes the Pagoda Pacers to the Association.

2011 Cross Country Series

- The only change to the schedule is that the series will culminate with the Delaware XC Championships. It is also the last race in the Off Road Series.

USATF Club membership & transfer Policy

- There is a link on the temporary website concerning this issue. (Robin, help...got a little lost on this one.) New USATF members who reside outside the Mid-Atlantic boundary will automatically be placed in the USATF association within whose boundary they reside. If they wish to belong to Mid-Atlantic, they need to request a transfer of their membership from the USATF National office. Details are available at this link: <http://home.comcast.net/~maher/myfilelocker/assoc-transfer-insts.pdf>

Website

- **Members can now access LDR information, race schedules and results via the USATF Mid-Atlantic website (mausatf.org).** There is a link on the Mid-Atlantic home page as well as the LDR Committee to our LDR "temporary" web site.
- The link is titled "[Long Distance Running Information](#)".

USATF Club Championships, Mid-Atlantic Club travel stipends

- Cross Country prize money will not be offered in 2011. The prize money has been re-allocated for travel stipends to assist clubs sending teams to Nat. Championship races.
- Robin will be drafting guidelines.
- The full list of USATF Championship Races with team competitions can be found at usatf.org.

Discussion

- The LDR committee has found it difficult to find quality races to add to the Grand Prix. Races must be sanctioned (follow USATF guidelines), provide the \$2 discount, submit timely results and provide safe courses. The committee would like to add a fast 5k or 10k. Robin has looked into Kennett Square 5k/10k but the race didn't meet the requirements. Using a Races2Run race in Delaware was brought up. Wayne Kursh sanctions his courses and there are lots of fast 5k's in DE. Another possible race could be the Newark Road Mile in early October, which is USATF sanctioned and offers good prize money. Robin encouraged clubs to keep looking for races and to audit them.
- With the size of races increasing, chip time (vs. gun time) will be used in scoring races when chip timing available.
- Races are selling out, putting a burden on our runners. Broad Street Run has been on the Grand Prix since its inception. Jim Marino will work with USATF MA. This year, when signing up on-line, club members could still receive their \$2 discount even if they didn't have their membership number yet. No other race has done this. It was discussed about the possibility of putting entries aside in the future. It was noted that the race is allowing transfer of entry. This information is on the race website. Ross Martinson, the elite coordinator, mentioned that seeded runners can still get in.
- There is a list of 2010 LDR Awardees on the temporary website. Robin will have the 2010 awards at the Ugly Mudder, Adrenaline, Valley Forge and Caesar Rodney. She will also attempt to e-mail many of the awardees.