

**USA Track & Field  
Mid-Atlantic  
2015  
GRAND PRIX  
CIRCUIT**

*Purpose of the circuit*

The Grand Prix Circuit has been created to enhance the quality of road racing experiences for Mid-Atlantic athletes. These 11 races represent popular distances, using USATF-certified courses and offering USATF sanctions. That means you can be assured that each race meets the highest standards of management this area can provide.

The circuit offers long distance runners an opportunity to participate throughout the calendar year at a variety of distances and in locations around the tri-state area. Whatever your level of ability, this circuit has something for you. Check [www.mausatf.org](http://www.mausatf.org) for updates and results.

*Disclaimer of Liability.*

USATF Mid-Atlantic, its officers, members, and any or all sponsors of this Grand Prix circuit disclaim any responsibility or liability for injury, loss, or damages arising from your participation in this circuit. You assume full responsibility for being physically healthy and having sufficiently trained to enter races on this circuit and accept all risks, if any, consequent to your decision to participate in these races. Further, your participation in this circuit testifies to your permission for free use by USATF Mid-Atlantic, circuit sponsors, and each race in the circuit of our name and picture in any broadcast, telecast, or print media account of the circuit.

**USA TRACK & FIELD MID-ATLANTIC  
CHAMPIONSHIP & GRAND PRIX CIRCUIT (25th annual)**

<u>Date</u>	<u>Race Name/Phone</u>	<u>Race Director/Address</u>	<u>Distance</u>
March 21 9:00 a.m.	<b>Haddonfield Adrenaline Run 5K*</b> 856-428-1666 www.runningco.com	Dave Welsh c/o Running Co. of Haddonfield 121 Kings Highway East Haddonfield, NJ 08033	5K
March 22 9:30 a. m.	<b>Caesar Rodney Half Marathon*</b> 302-737-6414 www.lunginfo.org/ceasarrodney	Laura Matthey 630 Churchman's Rd., Suite 202 Newark, DE 19702	H. Mar.
April 19 8:30 a.m.	<b>Valley Forge Revolutionary 5 Mile Run</b> 610-783-1031 www.revolutionaryrun.org	Kirsten Tallman VFCVB 1400 N. Outer Line Drive King of Prussia, PA 19406	5 Mi
May 3 8:00 a.m.	<b>Blue Cross Broad Street Run</b> 215-683-3594 www.broadstreetrun.com	Jim Marino Blue Cross Broad St. Run PO Box 18543 Philadelphia, PA 19129	10 Mi
June 6 8:30 a.m.	<b>Scott Coffee Moorestown Rotary 8K*</b> 856-234-9371 www.runningintheusa.com/moorestown	Bill VanFossen 16 East. Main St. Moorestown, NJ 08057	8K
October 11 9:00 a.m.	<b>Delaware Distance Classic*</b> 302-633-1482 www.ddc15k.org	Jim Steele c/o Pike Creek Valley Running Club PO Box 3259 Wilmington, DE 19804	15K
October 25 8:30 a.m.	<b>Penn Medicine Radnor Run</b> 610-941-9595 www.lunginfo.org/radnorrun	Christy Dernlan American Lung Assn. in PA 527 Plymouth Rd., Ste 415 Plymouth Meeting, PA 19462	5 Mi
November 1 8:30 a.m.	<b>Cooper Norcross Run the Bridge Event*</b> Presented by AmeriHealth NJ 856-933-3725 www.runthebridge.org	Susan Wiener/Kim Marino LARC School 1089 Creek Road Bellmawr, NJ 08031	10K
November 21 7:30 a.m.	<b>Rothman 8K (Nov 21)</b>	Desiree Peterkin-Bell P O Box 58130 Philadelphia, PA 19102	8K/Mar/Half
November 22 7:00 a.m.	<b>Philadelphia Marathon* or Half Marathon (Nov 22)</b> 215-683-2060 www.philadelphiamarathon.com		

*\*Mid-Atlantic Championship Race*

Check the LDR/Grand Prix pages on our web site - [www.mausatf.org](http://www.mausatf.org) - for updated information, Grand Prix race discount coupon codes, race entry deadlines/capacity limits and race results.

### ***Rules of the Circuit***

1. Participants in the circuit must complete the respective entry forms for each race in which they wish to compete. Unreadable race entries that prove or contain missing information (e.g. age or gender) shall be considered void for purposes of the circuit.
2. USATF Mid-Atlantic 2015 members who *pre-register for a circuit event by the initial deadline* may deduct \$2 from the stated entry fee. Circuit races will set up a “coupon code” for Mid-Atlantic members to avail themselves of the \$2 discount via online registration. See the 2015 Grand Prix page on the Mid-Atlantic web site for the code for each race as they are established.
3. Individuals competing in the circuit must be registered as a USATF athlete member **before** their performances will be scored. Registrars will be available at each circuit race to facilitate purchase of USATF athlete memberships.
4. Individuals who register through another association shall not be eligible for circuit scoring until their membership has been received by the Mid-Atlantic membership chair.
5. ***Individuals shall be scored for age-group and age-graded competition up to a maximum of 5 performances (the 5 highest WMA% scores) from these 8 event opportunities.***
6. Each of the races on the circuit retains the right to manage its entries, to determine whether to offer prize money, and to operate its own award ceremony. This Grand Prix Circuit will operate “after the fact” by using the official race results to determine overall standings. It is intended that current standings shall be on display online and at each circuit race.
7. ***The opening event weekend (Adrenaline Run 5K or Caesar Rodney Half Marathon, Mar. 21/22) and the final event (Phila Marathon, Half Marathon or 8K on Nov. 21 & 22) offers athletes an alternative. Any one race between Mar. 21 & 22 and again on Nov. 21 & 22 will score in all categories and may be chosen based the athlete’s preference for racing distance.***
8. A Mid-Atlantic long-distance running representative shall be present at each circuit race to answer questions, interpret rules, and assist in purchasing USATF memberships.
9. The 2015 circuit offers Mid-Atlantic clubs a team challenge independent of the individual competition. See the Club Challenge brochure or Grand Prix coordinator for details.

### ***Scoring the Circuit***

1. The 2006 Masters Age-Graded Tables developed by World Masters Athletics (WMA), with the 2010 update, will be used to score results in each race. Each finisher’s time will be divided into the standard for his/her age and gender; this calculation produces a performance percentage used in the Age-Graded competition.
2. The sum of Age-Graded percentages for each individual from his/her 5 best events will be used in the Age-Graded competition. The top ten males and the top ten females will receive Age-Graded awards.
3. The circuit will also feature **Age-Group** competition. Age-groups will be in 5-year intervals beginning at age 15. The sum of age-group placement for each person’s 5 best events will be used to determine this competition. Awards in each age group will be based on the number of competitors, with a minimum of one. Athletes must complete at least two Grand Prix races in the current year to be eligible for an Age Group award.
4. Individuals who compete in all 8 race “events” shall be given particular recognition at the next award luncheon and shall receive a personalized certificate mounted for wall display. Mar. 21/22 and Nov. 21/22 each count as one race. Other participation certificates have been discontinued.

### **Race Discount for Members**



### **2015 GRAND PRIX CIRCUIT**

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