

2009 USATF Mid-Atlantic Association Junior Olympic Track & Field Championships

Saturday, June 13th, 2009
Kutztown University, Kutztown, PA
(updated 4/16/2009)

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Sub bantam (born 2001 or later)
Bantam (born 1999-2000)
Midget (born 1997-1998)
Youth (born 1995-1996)
Intermediate (born 1993-1994)
Young (born 1991-1992)
* athletes born in 1990 are also eligible if they do not turn 19 on or before 8/2/2009



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Bantam and Midget divisions may compete in a maximum of three events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four events, including relays. Combined events are not included in the event count. All athletes must be 2009 members of USATF in good standing.

Relay Teams: Only registered 2009 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org and click on "Products/Services" to become a member.

ENTRY PROCESS and ADVANCEMENT:

Individual Entries: \$ **6 dollars** per event

Relay Entries: \$ **24 dollars** per relay team

Decathlon/Heptathlon: \$20 **dollars**

Triathlon/Pentathlon: \$ 15 **dollars**

****NO ATHLETE WILL COMPETE WITHOUT MEMBERSHIP NUMBER, PROPERLY COMPLETED FORMS AND PAYMENT ASSIGNED FEES.**

***On-Time Registration:* Entry forms must be completed before departing from your area qualifier! No exceptions (You must complete advancement form at the end of competition at your preliminary meet. Participation at one of the 4 (Delaware, South Jersey, Hawley, PA, and Philadelphia) Junior Olympic Area Meet Preliminary Qualifiers all being held on June 6, 2009 is required. You must place in the top 6 (move ups allowed) in contested events to qualify to compete in this Association Championship. You must complete your Junior Olympic Advancement Forms entering the events you have qualified and automatically advanced to compete in and pay fees (cash only) before departing your Preliminary Qualifier. Multi-events and Hammer Throw will Automatically Advance to the Region 2 Championships in Jamestown, NY**

***Day of Event:* NO ENTRIES WILL BE ACCEPTED DAY OF THE EVENT! YOU MUST ENTER BEFORE LEAVING YOUR AREA QUALIFIER ON JUNE 6TH**

***Proof of Age:* A copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required. See Rule 300.1 (h) for further explanation. Please attach**

"Proof of Birth" to your advancement form and turn in at the end of your meet. You will not be permitted to participate in the Association Championship without proper proof of age. NO EXCEPTION

All entries must be made using the official entry form. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted with each entry form. For relay team entry, please follow the instructions on the official Relay Roster Form.

USATF Memberships: Each team member must have individual membership with team affiliation listed (unless unattached). Teams must possess current USATF team membership for 2009. Team and membership numbers must be filled correctly to be eligible to compete in this Association Championship! Go to: www.usatf.org/membership to obtain individual memberships and www.mausatf.org for team renewal application.

AWARDS: USATF Junior Olympic medals will be awarded to the top three individuals and the top three relay teams in each event of each age division.

ADVANCEMENTS: The top four individuals and relay teams in each event of each age division will advance to the USATF Region 2 Championships to be held on July 9-12 Hosted by the Niagara Association in Jamestown, NY (www.usatf-niagra.org). DO NOT enter information for advancement to Regional and National Championships before competition. This can only be completed after qualification. Sub Bantam's advance to Region 2 but not the National Championships.

All advancement/entry forms for the USATF Region 2 Championships must be completed, paid for, and submitted (cash only) prior to leaving Kutztown University on June 13th. Online entry in addition to paper forms will be required (information for online entry will be provided at the advancement table) The National Championships will be held from Tuesday, July 28 to Sunday, August 2 at Irwin Belk Stadium – North Carolina A&T State University, Greensboro, NC. The top 3 athletes at the Region 2 Championships will qualify for the National Championships. Information is available at: www.usatf.org/events/2009/USATFJuniorOlympicTFChampionships/

CONTACT: Any questions regarding the Junior Olympics
Name: **Celeste Battle, Youth Committee Chair**
Phone Number: **856-371-9474**
E-mail: cebattle@msn.com

Order of Events: (subject to change -update as of 4/16/09)

PACKET PICK UP: 7:45- 9:00am

Warm-up: Track is open for warm-ups until 8:45am, once track is closed athletes must warm up outside of track.

**** 6 fastest times in each age group advance to the finals in each age group**

Track Events (begin promptly at 9:00am, first call at 8:30am)

5000 M Run	Final	YM
2000 M Steeplechase	Final	IG IB YW YM
3200 M Relay (4x800)	Final	MG MB YG YB IG IB YW YM
3000 M Run	Final	MG MB YB IG IB YW
200 M Hurdles	Final	YG YB
400 M Hurdles	Final	IG IB YW YM
100 M Dash	Semis	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
1500 M Race Walk	Final	BG BB MG MB
3000 M Race Walk	Final	YG YB IG IB YW YM
400 M Relay (4x100)	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
400 M Dash	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
80 M Hurdles	Final	MG MB

100 M Hurdles	Final	YG YB IG YW
110 M Hurdles	Final	IB YM
800 M Run	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
200 M Dash	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
1500 M Run	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
100 M Dash	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
4x400 M Relay	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW

Field Events (begin promptly at 8:30am, first call at 8:00am) (Jumps, Pole Vault, Shot put, Turbo javelin Inside Stadium; Discus and Javelin in field to left of stadium) ** 3 jumps/throws each flight, top 6 will get 3 more attempts in final held immediately after trial.

High Jump	Final	YW, YM, IG, IB, YG, YB, MG, MB, BG, BB
Long Jump	Final	SBB, SBG, BB, BG, MB, MG, YB, YG, IB, IG, YM, YW
Triple Jump	Final	follows Long Jump YG YB IB IG YM YW
Shot Put	Final	BG BB MG MB YG YB IG IB YWYM
Discus	Final	MG MB YG YB IB IG YW YM
Javelin	Final	YW YM IG IB YG YB
Turbo Javelin	Final	BB BG MB MG
Pole Vault	Final	YG YB IG IB YW YM

**Hammer Throw athletes will Automatically Advance to Region 2 Championships IG IB YW YM

Multievents: Triathlon, Pentathlon, Heptathlon will automatically advance to Region 2 Championships (must pay and advance before leaving this meet)

STARTING BLOCKS AND BATONS: ATHLETES ARE RESPONSIBLE FOR BRINGING THEIR OWN STARTING BLOCKS, RELAY BATONS ARE PROVIDED BY MEET MANAGEMENT.

SPIKE LENGTH: ONLY ¼” SPIKES ARE PERMITTED ON THE TRACK SURFACE

IMPLEMENT WEIGH-IN: Information will be available at packet pick up. Athletes are responsible for bringing their own implements. Meet management will not provide implements

EVENT CHECK-IN: There will be check-in area for running events. Field event athletes are to check in directly at the venue. Athletes must check in at these designated areas, when the first call is made.

- If an athlete in another (track or field) a coach or parent may check-in that athlete. That athlete must report before the event closes.
- No other athletes will be permitted to check-in once your event is closed!!! NO EXCEPTIONS.
- No parents and coaches are permitted in the check-in area unless checking in an athlete who is competing in another event.
- All athletes will be required to remain in the designated check-in area once checked in.
- It is the responsibility of the coach/parent to make sure that athletes check into only the events they have advanced in, athletes who go over event limits and/or compete in events they have not been advanced in will be DISQUALIFIED.
- Failure to adhere to parameters of check-in can result in disqualification of competing athletes and/or team from event.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of **\$5.00**. Bib numbers will be distributed to coaches in their registration packet.

EVENT RESULTS: During competition, event results will be posted (**describe location at the track facility**). In addition, event results will be posted at www.mausatf.org. Teams who provide current e-mail contact information will be sent results.

PROTESTS: There will be a **\$50.00** fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced/posted. The protest fee will be refunded only if the protest is accepted

RULES – CONDUCT & FACILITY:

- NO COACHES OR PARENTS WILL BE PERMITTED ON THE INFIELD. DESIGNATED COACHES AREAS WILL BE PROVIDED DURING FIELD COMPETITIONS.
- ONLY COACHES WITH COMPETING ATHLETES ARE ALLOWED IN AREAS ONLY.
- YOU MUST CLEAN UP AFTER YOURSELVES AND LEAVE AREAS IN EXCELLENT CONDITION BEFORE DEPARTING MEET.
- ATHLETES ARE NOT PERMITTED IN THE TENNIS COURT AREAS.

SANCTION: The 2009 USATF Mid-Atlantic Association Junior Olympic Championships will be sanctioned and operate under the rules governing the sport by USA Track and Field.

VOLUNTEERS: We need your continued assistance to make this meet a success. We are asking for volunteers to submit names at time of registration and report to coaches meeting for assignments. Each club is asked to provide at least 2 adult volunteers to help.

DIRECTIONS & PARKING: THE TRACK AND FIELD STADIUM IS LOCATED ON SOUTH CAMPUS (49 ON CAMPUS MAP. PARKING IS PERMITTED IN LOTS F1, F2, AND E1 ONLY.

KUTZTOWN UNIVERSITY
15200 KUTZTOWN RD
KUTZTOWN, PA 19530
610-683-4000

[Click here for Campus Map \(Kutztown\)](#)

Directions to KU

The charming borough of Kutztown is nestled in the Pennsylvania Dutch countryside of Berks County in southeastern Pennsylvania. Kutztown is midway between Reading and Allentown on Route 222. The town is approximately 2 hours from New York City, 1.5 hours from Philadelphia, and Harrisburg, and 3 hours from Baltimore/Washington.

For interactive driving directions to Kutztown University, [click here](#)

Driving Directions

From the North • 81 South to 476 (PA Turnpike N.E. extension) to exit 56 - 78 West to exit 40 (formerly exit 12) and 737 South. Proceed into Kutztown to Main Street (Turkey Hill Mini Mart), turn right at light and continue up hill to campus.

From the South • 81 North - 78 East to exit 40 (formerly exit 12) and 737 South. Proceed into Kutztown to Main Street (Turkey Hill Mini Mart), turn right at light and continue up hill to campus. **OR** • 83 North to 30 East - 222 North into Kutztown. Take the Kutztown exit and continue on road/Main Street to campus.

From the East • 78 West to exit 40 (formerly exit 12) and 737 South. Proceed into Kutztown to Main Street (Turkey Hill Mini Mart), turn right at light and continue up hill to campus. **OR** • 76 West to 476 (PA Turnpike N.E. extension) to exit 56 - 78 West to exit 40 (formerly exit 12) and 737 South. Proceed into Kutztown to Main Street (Turkey Hill Mini Mart), turn right at light and continue up hill to campus. **OR** • 76 West to 422 West to 222 North into Kutztown. From either South/North, Take the Kutztown exit and continue on road/Main Street to campus.

From the West • 80 East to 476 (PA Turnpike N.E. extension) to exit 56 - 78 West to exit 40 (formerly exit 12) and 737 South. Proceed into Kutztown to Main Street (Turkey Hill Mini Mart), turn right at light and continue up hill to campus. **OR** • 76 East to 81 North - 78 East to exit 40 (formerly exit 12) and 737 South. Proceed into Kutztown to Main Street (Turkey Hill Mini Mart), turn right at light and continue up hill to campus.

Bieber Bus Lines provide direct service to Kutztown from Philadelphia, New York City, Reading and Allentown.